

4th Grade

Hygiene and Introduction to Puberty. Students taught based on gender. Girls and boys are taught separately. They will learn about their gender only. Lesson followed from **Marsh Media Program**.

Students will be shown the Just Around the Corner video. A short clip is available for viewing online: <http://marshmedia.com/collections/puberty-dvds>

**Only a short clip is available online due to copy right laws.

If you want to watch the entire video please contact the health office and we can set up a time for parents to view this before students are taught the lessons.

5th Grade

Puberty Lesson - Boys and girls are taught separately. Students lessons will be about their gender, but they will also be introduced to the changes that occur in the opposite gender and they will review the reproductive systems of both genders. Lesson followed from the **P & G School Program**.

Students will be shown video titled: Always Changing and Growing Up 5th grade Program.

Boys and Girls videos and transcripts available for review online:
<http://www.pgschoolprograms.com/Educators>

6th Grade

Puberty Lesson - All students will be taught together. We review what was learned in previous years and discuss changes occurring for both genders. Lesson followed from the **Human Relations Media program**.

Students will be shown a video titled: You, Your Body and Puberty. It is available for viewing online: <http://www.hrmvideo.com/catalog/you-your-body-and-puberty>

**Only a short clip is available online due to copy right laws.

If you want to watch the entire video please contact the health office and we can set up a time for parents to view this before students are taught the lessons.

Program summary: <http://www.hrmvideo.com/resources/free-resources/641-summary.pdf>

If you would like to opt out of these educational sessions. Please contact the health office at 507-732-7848 or email tiffanyb@zmsch.k12.mn.us