

Web Sites . . . WITH INFORMATION FOR PARENTS AND THEIR CHILDREN ON TALKING ABOUT HUMAN GROWTH AND DEVELOPMENT AND RELATED TOPICS

Talking With Kids about Tough Issues

Encouragement for parents to talk with their children early and often about sexuality issues

www.talkingwithkids.org

SIECUS

“For Parents” and “For Teens” section of the SIECUS Web site

www.siecus.org

Parents who walk with their children about what is happening in their lives are better able to guide their children toward more positive, skill-enhancing activities and friendships.

www.mentalhealth.org

www.parenting.umn.edu - The University of Minnesota Extension develops programs that foster the effective parenting of children and youth.

The www.girlshealth.gov web site is a project of the Office on Women’s Health in the U.S. Department of Health and Human Services. It helps teen girls (ages 10-16) learn more about health, growing up, and the issues they may face.

www.shouldertoshoulderminnesota.org -The mission of Shoulder to Shoulder is to share practical, evidence-based information and tools to support parents of teens and other caring adults.

www.Kidshealth.org - KidsHealth is the largest and most-visited site on the Web providing doctor-approved health information about children from before birth through adolescence.

www.healthy chats.com - Healthy chats is a site for parents to help teach their children about health and puberty. Founder of healthy chats is Chrystal de Freitas, MD, FAAP (pediatrician, mother and health educator).